

# **BASIC DESIGN AND SEWING WORKSHOP**

## **Week 1:-**

- a. Locating land marks
- b. Demonstration of taking measurement directly from body
- c. Taking measurements from the garments

## **Week 2:-**

- a. Drafting of: basic bodice block and sleeve block
- b. Drafting basic skirt block

## **Week 3:-**

- a. Drafting of A line frock
- b. Drafting of Rompers

## **Week 4:-**

- a. Adaptation of basic sleeve to: Puff Sleeve, Cap Sleeve, Petal Sleeve
- b. Adaptation of basic Collar to: Peter Pan Collar, Convertible Collar

## **Week 5:-**

- a. Tools and equipment's used in measuring, marking, cutting, sewing and finishing of garments

## **Week 6:-**

- a. Parts of basic sewing machine and its operation, Sewing machine- its defects and remedies

## **Week 7:-**

- a. Stitch Classification - British Standard and ASTM Standards

## **Week 8:-**

- a. Machine Control Exercise on Speed (Dry needle and Threaded Needle)

## **Week 9:-**

- a. Paper and Fabric Exercise - Straight line, Square, Concentric Square, Curve, Circle

## **Week 10:-**

- a. Seam Classification - British Standard and Federal Standards
- b. Pleats and its variations

## **Week 11:-**

- a. Darts and Tucks
- b. Gathers and Shirring

## **Week 12:-**

- a. Neckline Finishing- Shaped, binding and Biased
- b. Fasteners attachment hooks, snaps, loops, button, Velcro, zipper

## **Week 13:-**

- a. Plackets and its variations
- b. Pockets and its variations

## **Week 14:-**

- a. Sleeves and its variations
- b. Collars and its types

## **Week 15:-**

- a. Revision and practice of all units
- b. Final assessment and feedback
- c. Final practical check